



# Forget-Me- Note

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Kappa Beta Gamma Alumnae Association  
[www.kbgaa.org](http://www.kbgaa.org), or email us at [secretary@kbgaa.org](mailto:secretary@kbgaa.org)

## The Next Chapter with KBGAA

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What do mini-vacations, crafting afternoons, movie viewings, wine tastings, Broadway musicals, and book clubs have in common? These are all events that have been or are currently being offered to all Kappa Alumnae through the Alumnae Association! These opportunities provide a chance to escape the pressures of daily life, to reengage with your sisters, to exchange ideas, and to make new friends!

Events ranging from a few hours to weekend mini-vacations have been offered. A sampling of the shorter events include a potluck style luncheon at Gouveia Vineyards in Wallingford, Connecticut, hosted by District Eight, alumnae in the Chicago area were invited to a Winery Tasting at Lynfred Winery, and sisters around the Minneapolis area gathered for "art and ale." Upcoming coming events include the Founders' Day Centennial Celebration in Milwaukee, Wisconsin, January 20-22, 2017.

Weekend long events have included a "Get Away for Founder's Weekend" at Wisconsin Dells and a meet up in New York City to see a Broadway show.

For those that are not able to make the "in person" events, KBGAA offers several cyber options! Alumnae from around the country participated in the February "Girls Night In" event which combined a double feature via Netflix and live chat. Another event involved an afternoon of crafting and sharing your progress on a dedicated Facebook page. The newest event sponsored by KBGAA is a book club! All Kappa Alumnae are invited to participate! The first book was "Me Before You" by Jojo Moyes, with the discussion taking place on our website in a dedicated forum. For more information on our next book please see our Facebook Page. To join the discussion please log into <http://www.kbgaa.org/join/members-only/groups/book-club/>. If you do not have a login for our site already and are interested in joining the book club you can sign up at the following link: <http://www.kbgaa.org/register/>. If you have issues logging in let Becky or Jae know.

As KBGAA continues to grow we will be able to offer even more opportunities! Thank you to everyone who has signed up so far. And if you haven't already, or know a sister that has yet to do so, please consider joining our ranks. We have both a free membership (blue) and supporting membership (gold) open to any alumnae of Kappa Beta Gamma. To enroll in the KBGAA please register here: <http://www.kbgaa.org/join/>.

For more information on upcoming events please follow the official KBGAA Facebook page, check the events page of the website at [www.kbgaa.org/upcoming-events/](http://www.kbgaa.org/upcoming-events/), and be sure to read the Kappa Konnections at the end of each issue of the Forget Me Note newsletter.

Remember that just because college has ended, your sorority ties do not have to! Kappa Beta Gamma is a sisterhood that lasts a lifetime! Hope to see you at our upcoming events!

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*"You can take  
the sisters out  
of the Sorority  
but you can't  
take the  
Sisterhood out  
of the sisters."*

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## The Purpose Behind the Association

What is the purpose of an alumni association? Simply stated, the purpose is to bring likeminded individuals together to “foster a spirit of loyalty and to promote the general welfare of your organizations.”

The role of an association is to create a value-centric relationship with their alumni which allows for meaningful connections and a continued common interest. This is accomplished by shifting toward a lifetime relationship through a lifecycle model of programs and services. Stated another way, it is promoted by offering a variety programs and events to meet members where they are in life, after all a 40 or 50 year old alum’s needs and are very different than that of a new graduate!

So how are we accomplishing this? The Kappa Beta Gamma Alumnae Association recognizes that members have various responsibilities based on work, volunteer, and/or familial obligations. As such KBGAA strives to offer a variety of both in person and cyber activities to meet members’ needs. Further there are no membership requirements! You can simply “drop in” when you have time or see an activity that interests you. This allows for the continued “Kappa Konnection” with minimal membership commitment. Though of course it must be mentioned that KBGAA greatly appreciates its gold members and those members that go out of their way to participate in events! So whether you are able to meet fellow sisters for a weekend away, or jump online to join a cyber book chat once the kids in bed for the night, please join us on the next chapter of this sisterhood!

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## Meet the Officers 2016-2017

### Chair-Dawn Rellinger (Epsilon) (top left photo)

Dawn is extremely excited to be a part of the 2016-17 KBGAA Board that will be overseeing the Centennial Founders Day Celebration at Marquette University in Milwaukee, WI. She is very much looking forward to participating in this multi-generation, historic event that promises to showcase her favorite KBG songs. Dawn lives with her husband Chris and children Justin (16) and Abby (14) in suburban Chicago.

### Vice-Chair- Havah Ilana Cohn-Mitchell (Lambda) (top right photo)

Havah wants to continue to give back to Kappa by serving as the Vice Chair of the KBGAA and helping to grow the Alumnae Association membership and to assist sisters around the world with developing programming for sisterhood, leadership development, and philanthropy.

One of her favorite Kappa memories was when she visited her chapter for Formal this past Spring. I visited with another Alumna sister and we made sure to take family photos with all the active members. I felt very proud seeing how much my chapter has thrived since I joined KBG.

### Treasurer- Megan Stahmann Retzleff (Kappa) (bottom left photo)

Megan is excited to continue serving as Treasurer, particularly during this milestone year. She says, “every Sister has the right to be as excited and proud as I am to celebrate 100 years of an amazing Sisterhood. I can’t wait to celebrate with everyone in Milwaukee in just a few short months!!”

### Secretary- Jen Wiedemann (Rho) (bottom right photo)

Jen would like to help the KBGAA establish a strong alumni network through consistent communication and involvement with all alumni sisters. Jen stated, I have loved Kappa since 2011 and remember meeting the sisters and seeing the family connection that they had and wanting to be a part of it. Kappa has become my second family.”



Meet your 2016-2017 officers. From left to right, top row: Dawn Rellinger and Havah Cohn-Mitchell. Bottom row: Megan Stahmann Retzleff and Jen Wiedemann.

## Alumnae Updates

Please email your updates to [forgetmenotes@kbgaa.org](mailto:forgetmenotes@kbgaa.org)

### Engagements and Marriages

- Congratulations to Rachael Gough of Alpha Iota chapter on her engagement to Richard.
- Congratulations to Kathryn (Morrone) Clark (Omicron) on her recent marriage!
- Congratulations and best wishes to Megan Stahmann (Kappa/KBGAA treasurer) on her recent marriage!

### Births

- Taylor Whaley Doten of Lambda Chapter just welcomed a son. Congratulations!
- Congratulations to Jesse Budzinski (Lambda) who welcomed a son this past April.
- Congratulations to Sarah Flores (Delta) who recently welcomed a son.
- Ashleigh Williams (Xi) welcomed a son this past May. Congratulations on the new addition!

### Job Updates

- Congratulations to Asha Parian (Psi) on her new job at Hulse Environmental Services.
- Congratulations to Krista "KP" Perine (Kappa) on her new job in Las Vegas, Nevada! Krista will be teaching k-2 students with social emotional disabilities.
- Congratulations to Lacy Dickel (Xi) on her new job teaching first grade at Barack Obama Elementary School in Maryland.

### Honors, Milestones, and Notes

- Congratulations to our newest sisters! Several alumnae from the Alpha Iota Colony chose to enter the KBGAA education program to learn more about our sisterhood, forming KBGAA's inaugural Alumnae Candidate Class, the Golden Lionesses! Please welcome Nicole Leggott, Holly Locke, Erin Avery Luchia, Jessica Oddan, Jannell Or, and Kelly Stevens.

Please see *Alumnae Updates* on Page 4

## Chapter Chatter



- Alpha Epsilon sisters at Lawrence Technological University have won Greek Week for the second year in a row.
- Sisters of Alpha Epsilon Chapter at Lawrence Technological University sponsored a "Kiss Away the R Word" fundraiser.
- Chapters are in the process of creating a new song to add to the Kappa Beta Gamma songbook in celebration of our upcoming 100<sup>th</sup> year celebration!
- Congratulations to Shelby Ost of the Alpha Iota Chapter for winning University of Lethbridge's Volunteer of the Year award!
- Congratulations to Kappa Chapter sister, Sara Spry, on her merit scholarship!



One of the pieces by Annie Kassens featured at the Bay View Gallery Show in Milwaukee, Wisconsin.

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**Bravo to Alpha Iota sister, Jillian Metcalfe, who recently participated in the Kappa Sigma Head Shave Fundraiser at the University of Lethbridge. Jillian shaved her head to help raise money and awareness for the Canadian Cancer Society!**

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Please see *Chapter Chatter* on Page 4



*Chapter Chatter* from page 3

- Congratulations to Kappa Beta Gamma's newest chapters, the Alpha Lambda Chapter at Shippensburg University and the Alpha Iota Chapter at the University of Lethbridge!
- Four sisters from the Alpha Iota Chapter won awards at the Leaders of Tomorrow Gala! Congratulations to Natasha Patel, Victoria Cao, Elizabeth Connors, and Liberty Ruser! Liberty was also the recipient of the Volunteer Excellence Award! Well done, ladies!
- Congratulations to Josie Corbacio of Phi Chapter for being named Penn State Harrisburg's Fraternity/Sorority Life's Sister of the Year!
- Congratulations to Kristen Kowalski of Rho Chapter on her induction into Psi Chi, the psychology honor society!
- Sisters of Tau Chapter recently volunteered at the Homegrown Music Festival.
- Alpha Eta Chapter has joined their school's Greek Life initiative to promote awareness of sexual violence and domestic abuse by participating in Denim Day Week.
- Congratulations to Upsilon sisters, Grace Tilmont and Taylor Irving, for completing their spring co-op at Chatter High. These ladies made such an impression they were asked to stay on through the summer and help the company expand. Well done!
- The sisters have Alpha Epsilon chapter are 2016 Greek Day champions.
- Welcome to our newest colony, the Alpha Kappa Colony, at Stony Brook University in Stony Brook, New York!
- Just a reminder that registration is now open for the Kappa Beta Gamma Centennial Konvention in Disneyworld, Orlando, Florida, August 2017. Alumnae are invited to attend as well. More information can be found at <http://www.kappabetagamma.org/information/>
- Finally, a BIG congratulations to all of our graduating sisters! We wish you a bright and successful future! Love in Kappa.

*Alumnae Updates* from page 3.**Honors, Milestones, and Notes**

- A very big congratulations to Annie (Unger) Kassens (Lambda) who recently had several pieces of her art displayed during Bay View Gallery Night in the Bay View neighborhood of Milwaukee, Wisconsin! The work she presented was inspired by the Great Lakes and featured things living on or in water. In addition, KBGAA is sending Annie a big congratulations on her new job at the Milwaukee Art Museum!
- Stephanie Winquist (Theta) has been named President-Elect of Junior League of Dayton, a chapter of the Association for Junior Leagues International, for the 2016-2017 term.

**Kappa Konnections**

*Want to connect with other Kappas or are you a gold star alumna and want to promote your business? Email us at [forgetmenotes@kbgaa.org](mailto:forgetmenotes@kbgaa.org)*

- Kappa Beta Gamma is hiring for two national executive boards, one American Board and one Canadian Board. Positions for each board include President, Vice-President, Secretary, Treasurer, and national educator. Applications are now being accepted. For more information please go to <http://www.kappabetagamma.org/letter-to-alumnae-1/>
- If you would like an alumnae event in your area please contact Becky at [vice@kbgaa.org](mailto:vice@kbgaa.org) and she will get you in touch with your district's social chair/committee.

## **Kappa Beta Gamma's 100<sup>th</sup> year Founder's Day celebration will take place in Milwaukee, Wisconsin, January 20-22, 2017.**

**Registration is NOW OPEN!**

- Registration is now open for the KBGAA Founders' Centennial Weekend in Milwaukee, Wisconsin from January 20-22, 2017! This event brings the sisterhood back to where it all began, Marquette University! Highlights of the celebratory event include "Kappa Century" dinner at the Marriot Milwaukee downtown location and a "Centennial Founder's Day" brunch at Marquette University on Sunday January 22. Other events include a pool party, historical tour, and brewery tour. Please join us as we celebrate this historical event! Registration can be found at [https://docs.google.com/forms/d/11654ejp\\_fvR4TDO544\\_hpLeDU1tSsDtDOTGTz8fNfDU/viewform?c=0&w=1&usp=mail\\_form\\_link](https://docs.google.com/forms/d/11654ejp_fvR4TDO544_hpLeDU1tSsDtDOTGTz8fNfDU/viewform?c=0&w=1&usp=mail_form_link)



*A throwback photo to some of our beautiful Epsilon (Loyola University, Chicago, IL) sisters at their winter formal in 1990.*

### **Kappa Beta Gamma Alumnae Association**

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